

# BRO. PAUL'S GREEK MEATBALLS



## Ingredients:

- ✦ 1 pound ground beef
- ✦ 1 pound ground pork
- ✦ ½ red onion, grated
- ✦ ½ tomato, grated
- ✦ ½ cup fresh mint, chopped
- ✦ ½ cup breadcrumbs
- ✦ Dried oregano, optional





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### Instructions:

1. Combine the ground meat in a mixing bowl. Add the onion, tomato, mint, salt, and pepper and knead well for about three minutes to combine. Add breadcrumbs and continue kneading until the liquid is completely absorbed.
2. Form into desired shape.
3. Fry or bake, with internal temperature reaching at least 165 degrees, until browned.

