

# FR. FRANK'S CHOCOLATE MUG CAKE



## Ingredients:

- + 1/3 cup all purpose flour
- + 1/4 cup sugar
- + 2 tablespoons cocoa powder
- + 1/2 teaspoon baking powder
- + Salt
- + 2 tablespoons vegetable oil
- + 1/4 cup room temperature water
- + Whipped cream



# FR. FRANK'S CHOCOLATE MUG CAKE



## Instructions:

1. Whisk together flour, sugar, cocoa, baking powder and a large pinch of salt in a large microwave safe mug to combine. Add the vegetable oil and the water and stir until smooth.
2. Microwave on 50% until cooked through, about four minutes, and let cool. Microwave time can vary depending on the microwave. Top with whipped cream to serve.

